WEEKLY MENU

WEEK 3

WOK MY WAY — EVERY TUESDAY

Asian inspired noodles with a selection of protein and vegetables

FLATBREAD — EVERY WEDNESDAY

Authentic Greek flatbreads topped with marinated chicken or plant-based protein

EVERY THURSDAY — CHICK N' RUN

Chicken served with a range of signature marinades and seasoned rice

Switch it up with our street food favourites! Ask the team for this week's flavours

PLANT FORWARD MON	Spiced Chickpea & Vegetable Flatbread with Garlicky Green Beans and Carrots or Mixed Salad (VG) OR Veggie Sausage, Bean & Vegetable Hot Pot with Crusty Bread, Garlicky Green Beans and Carrots or Mixed Salad (VG)	Cheese, Onion & Potato Pie with Wedges, Garlicky Green Beans and Carrots or Mixed Salad (V) OR Vegetable Biriyani with Garlicky Green Beans & Carrots or Mixed Salad (VG)
TUE	Thai Red Chicken Curry & Mixed Rice with Roasted Sweetcorn and Peppers or Mixed Salad (Halal Available) OR Smokey BBQ Chicken Enchilada with Rice, Roasted Sweetcorn & Peppers or Mixed Salad	Cheese, Spinach, Leek & Gnocchi (Mini Potato Dumplings) with Roasted Sweetcorn and Peppers or Mixed Salad (V) OR Thai Red Vegetable Curry & Rice with Roasted Sweetcorn and Peppers or Mixed Salad (V)
WED	Roast of The Day, Gravy & Roasties with Seasonal Greens and Carrots (Halal Available) Or Roast Chicken Baguette with Seasonal Greens & Carrots	Indian-inspired Cottage Pie with Sweet Potato Mash, Seasonal Greens & Carrots (VG) OR Savoury Veggie Mince, Yorkshire Pudding, Roasties, Seasonal Greens & Carrots (V)
THU	Greek-Style Beef Pasta Bake with Carrots, Cauliflower & Broccoli or Mixed Salad OR Chicken Marinara & Tomato Pasta Bake with Carrots, Cauliflower and Broccoli or Mixed Salad (Halal Available)	Veggie Bolognese & Penne Pasta with Carrots, Cauliflower and Broccoli or Mixed Salad (V) OR Chinese-Style Street Rice with Carrots, Cauliflower & Broccoli or Mixed Salad (VG)
FRI	Sustainably Sourced Battered Fish & Chips with Peas and Beans or Mixed Salad OR Oven Baked Sausage & Chips with Peas and Beans or Mixed Salad (Halal Available)	Pizza Selection with Chips/Wedges, Peas & Beans or Mixed Salad

POT & TASTY

Daily range of ready to go pots including pastas, salads and rice bowls

DESSERTS

Enjoy our chef's choice of sweet treats, served every day

SPUD STOP — TOPPED & LOADED

Hot loaded spuds with a daily range of tasty toppings to fill you up



2nd & 23rd Nov, 14th Dec, 18th Jan, 8th Feb, 1st & 22nd March

V - VEGETARIAN
VG - VEGAN